

1. MSC Opening Guidance

Overview

This document sets out the framework for opening Marriotts Sports Centre and school for external hirers and School partners. This follows the full closure of our community offer due to Covid-19.

This aim of this document is to help customers, staff and groups/clubs gain access to the facilities we offer on-site safely and effectively.

This document will outline a phased approach as MSC needs to be aware that the Business of School must come first. The document will show clear direction in how MSC can open safely and effectively with all parties concerned.

This has been written with supporting documents from leading experts such as UK Active and Cambridge University being taken into key decisions being made. This will be shared with partners and hirers to give a full rounded approach to how we intend to open.

This document will look at the initial opening period and anticipated social distance in place.

General

Cleaning

Entrance

Reception Area

Changing rooms/shower/toilets

Gym

Sports Hall/Courts

Hydropool

School Hirers

Outdoor fitness

External Hirers

First Aid

Miscellaneous

Operational agreement

2.

General

- Poster displayed around the centre informing customers and staff of social distancing and cleanliness/hygiene protocols throughout the facility.
- Marriotts School are committed to the wellbeing of our staff and customers, if they show/have any signs of Covid-19, they will be sent home immediately to follow government regulations.
- Hand wipes and sanitizers will be offer at stations at reception, in the Sports hall circulation area and outside the toilets. Directions will also be up directing people where they can wash their hands.
- MSC will ensure that social distancing is adhered to, further criteria is below for certain areas.
- Face masks will not be mandatory for staff, unless their role requires this.
- It is down to the individual customer to take reasonable responsibility when taking part in physical activity.

Entrance

- We will operate a one way system to get in and out of MSC. Access to the Sports Centre will be via the ramp. There will be a collection/pick up area for Gymnastics club.
- To exit the Sports Centre customers will use the stairs.
- A sign will be placed on top of the stairs show customers how to gain access.
- The Brittain Way entrance will be closed for the summer holidays.

Cleaning

- A rigorous cleaning procedure will be adopted. Full details will need to be shared with Engie as soon as relevant documents are produced from governing bodies such as British Gymnastics.
- If there is a Covid-19 case in the facility, MSC will follow the PHE Guidance via ENGIE protocols. <https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings/covid-19-decontamination-in-non-healthcare-settings>
- Staff will regularly clean high-contact points throughout the premises. Please see separate cleaning schedule below.

Reception Area

- Staff to be on hand and will communicate to customers and explain the nature of re-opening, providing Q&A, and ultimately reassuring customers.
- Hand wipes and Sanitizer will be offer and directions to where people can clean hands will be in place.
- Gloves are not mandatory but staff will be advised to wash their hands regularly.
- Queue management will be in place with markings on the floor inside and outside of the building.

- Social distancing remains in place for reception staff and screens will be in place.
- MSC members to use sign in touch proof scanner to sign in and out of building.
- No tables or chairs will be in reception area for viewing area.
- No access to vending machine. Water to be sold from reception.

Changing Rooms/Shower/Toilets

- There will be no showers or changing facilities. These will be lockdown with no access.
- Lockers will be out of bounds. Staff will have access to the master key with correct PPE.
- Spray and Cloths will be available for staff and customer touch points.
- The toilets in the corridor will be available and doors will need to be open to gain access.

Gym

- Only equipment that is 2 metres apart can be used. Equipment can be moved or marked off as out of use to facilitate social distancing.
- Touch points will be cleaned after each sessions. Sanitizer bottles and spray will be available at all times. No more than 10 people can use the gym at any point and must be booked by the fitsense APP.
- No hanging around before or after sessions start/finish.
- Extra signage regarding social distancing will be in place around the free-weights area.
- Maximum gym capacity will be based on 3m per person.
 - Every person that goes into the gym must be signed in on clubwise. Even if pay as you go. Everyone must have their contact details added as a guest with their mobile phone number added for track and trace purposes.

Studios

- Social distancing guidelines must be followed (2m apart).
- There will be a minimum of a 10-minute window in between classes, so no 'waiting around' in groups.
- Equipment (including mats etc) will be cleaned in between use. This can either be done by the customer or staff member using spray and cloths provided.
- Markings will be made on the floor to show the area for individuals.

Sports Halls

- If social distancing can take place, the Sports hall will be open. However, for any activity where social distancing is not possible, these facilities/activities will remain closed/not played.
- Cleanliness protocols must be followed.
 - Each hour session will run at a 50 minute block. This will leave 10 minutes for movement time.

Hydropool

- We remain shut until further notice.

School hirers

- No School hirers will be on site until January 2021.

Outside Classes

- Social distancing and cleanliness will be promoted when booking online.
- Social distancing and cleanliness will be promoted by the instructor(s) at the beginning and throughout classes. Sanitizer is used before and after each session.
- Group classes will be organised in a series of formations to comply with social distancing, with appropriate spacing between participants monitored by the instructor throughout the class.
- Nothing will be passed to/from the instructor to the customer – including personal items, water bottles, bibs etc.
- Customers should not cluster in groups before/after sessions.

External Hirers

- All clubs/hirers are to send MSC their own risk assessments that must follow their individual governing bodies' guidance.
- All clubs/hirers to ask parents/attendees to where possible come alone and only bring people attending the activities on site.

First Aid

- Although there may be heightened concerns around first aid, this will continue as normal, with the below aspects to be used when needed:

Gloves.

Resus masks for emergency first aid to be provided to all first aiders.

Face masks and visor are supplied for general first aid.

- The Resuscitation Council UK has provided specific guidance on CPR delivery.

<https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-community/>

Miscellaneous

- Personal training sessions can continue as long as social distancing is in place.
- All contractors must follow social distancing and cleanliness guidelines.
- Health and Safety checks pre-opening.
- Training of staff in the above procedures. 25th July.

Cleaning Area	Time	Staff Signature
All Handles Around the building	09:30	
Gym	09:45	
All Handles Around the building	10:00	
All Handles Around the building	10:30	
Gym	10:45	
All Handles Around the building	11:00	
All Handles Around the building	11:30	
Gym	11:45	
All Handles Around the building	12:00	
All Handles Around the building	12:30	
Gym	12:45	
All Handles Around the building	13:00	
All Handles Around the building	13:30	
Gym	13:45	
All Handles Around the building	14:00	
All Handles Around the building	14:30	
Gym	14:45	
All Handles Around the building	15:00	
All Handles Around the building	15:30	
Gym	15:45	
All Handles Around the building	16:00	
All Handles Around the building	16:30	
Gym	16:45	
All Handles Around the building	17:00	
All Handles Around the building	17:30	
Gym	17:45	
All Handles Around the building	18:00	
All Handles Around the building	18:30	
Gym	18:45	
All Handles Around the building	19:00	
All Handles Around the building	19:30	
Gym	19:45	
All Handles Around the building	20:00	
All Handles Around the building	20:30	
Gym	20:45	

All Handles Around the building	21:00
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